



Hi, I'm Wanda.

I can help you  
learn about

**WIC.**

¡Yo hablo  
español!

Wanda is WIC's 24/7 virtual assistant. Chat with her online—  
in less than 3 minutes, you can learn if you may qualify for  
WIC and get connected to your local WIC office.

WIC provides healthy food, nutrition education, breastfeeding support, and more  
to pregnant women, new moms, infants, and kids under age 5. Dads, grandparents,  
and other primary caregivers can apply for children in their care. Working families  
and non-U.S. citizens can qualify, too. Families can choose in-person or remote services.

To chat with Wanda, scan the  
QR code or visit [WICHelpNY.org](https://WICHelpNY.org)

