

**Do You Get
Senior Farmers' Market
Nutrition Program Coupons?**



**Would you like to buy more
fresh food every month?**

**If you get Senior Farmers' Market
Nutrition Program coupons,
YOU MAY NOW get food stamp
benefits every month!**

Help Stretch Your Grocery Budget.
More seniors (60+) than ever
before can now get food stamp
benefits. Use them for weekly
groceries and at many farmers'
markets. Your monthly amount is
based on your everyday and
medical expenses.

**Eat better today.
Stay healthy for tomorrow.**

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Eat Better AND Help NY

Benefits will help you buy the food you want to eat every month AND they help your community. Every \$5 spent in food stamp benefits brings back almost \$10 to local businesses.

Who Can Help You?

New York's Nutrition Outreach and Education Program (NOEP) can tell you more about food stamps and help you with the paperwork.

NOEP helps 25,000 new households every year get the food they need to live healthier.

**Call NOEP - it's Free,
Friendly, Fast, and Private!**

**Find your local NOEP at
www.foodhelpny.org or ask your
county's office for the aging for
your NOEP's phone number.**

This institution is an equal opportunity provider. Prepared by the Nutrition Consortium of NYS, USDA/FNS, NYSDOH and NYSOTDA

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