
Food Stamps Makes America Stronger



DO YOU KNOW AN OLDER ADULT (60+)?

**More New Yorkers than ever before can get help.
Discover the nutrition benefits you, your loved one or friend can get
every month with the Food Stamp Program.**

Life Circumstances Change

Less income? Higher medical costs? Struggling to pay bills?
Use food stamp benefits to help!

Like Social Security

The Food Stamp Program is an entitlement. All who are eligible **can** receive them.
You won't be taking benefits from someone else.

Bonus to Benefits

Your body needs good food for your medicines to work.
The Food Stamp Program helps you buy the food you need to stay healthy; your
medical costs may even increase your monthly benefit.

Why not find out if you can get food stamp benefits?

Visit www.foodhelpny.org to find the Nutrition Outreach and Education
Program coordinator near you for a free, friendly and private prescreening.

You may also visit NY's new quick and easy website - www.mybenefits.ny.gov
- or call 1-800-342-3009 (upstate) / 1-877-472-8411 (NYC).

**This institution is an equal opportunity provider. Prepared by the Nutrition Consortium of NYS,
USDA/FNS, NYSDOH and NYSOTDA.**