

## Federal and State Nutrition Assistance Programs in NYS

<b>Program</b>	<b>For Who?*</b>	<b>Benefit</b>	<b>To Apply</b>
<b>Child and Adult Care Food Program</b>	Adult day care settings, child care settings, afterschool programs, homeless shelters, domestic violence shelters	Meals in care settings, low-income neighborhoods	NYS CACFP: 1-800-942-3858 or <a href="#">visit online</a>
<b>Congregate Meals</b>	Adults age 60+ and their spouses of any age	Daily nutritious meals, up to 5x week	NYS Senior Citizen's Helpline: 1-800-342-9871 or <a href="#">local point of contact</a>
<b>Farmers' Market Nutrition Program</b>	Older adults; WIC recipients	\$20 of paper coupon vouchers for older adults, varying cash-value vouchers for WIC participants	Contact <a href="#">area office for aging</a> , <a href="#">WIC clinic</a> , or <a href="#">list of farmers' markets in NYS</a>
<b>Food Stamp Program</b>	Low-income individuals and families	Monthly "food dollars" used with an EBT card	<a href="#">Local DSS (upstate)</a> or <a href="#">HRA (NYC)</a>
<b>Home Delivered Meals</b>	Homebound and at-risk older adults	1-2 nutritious meals daily, 5x week	NYS Senior Citizen's Helpline: 1-800-342-9871 or <a href="#">local point of contact</a>
<b>Nutrition Outreach &amp; Education Program</b>	Individuals and families potentially eligible for food stamp benefits	Outreach, educational presentations, pre-screenings, one-on-one help	<a href="#">Locate a NOEP</a>
<b>School Meals</b>	Children enrolled in school	Breakfast and lunch at school, sometimes free or reduced-price	Child's school for free and reduced-price school meal application
<b>Summer Meals</b>	Children and teenagers, age 18 and younger	Free meals during summer, mostly in low-income neighborhoods	For a list of summer meal sites: 1-800-522-5006
<b>WIC</b>	Pregnant women, infants, children age 4 and under	Monthly food vouchers, nutrition education, health screenings, farmers' market coupons, breastfeeding support	NYS DOH: 1-800-522-5006 or <a href="#">local WIC clinic</a>

\*Each program has additional eligibility requirements.

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This institution is an equal opportunity provider. Prepared by a project of the Nutrition Consortium of NYS, USDA/FNS, and NYS OTDA.