

NUTRITION CONSORTIUM OF NEW YORK STATE



Welcome to the Winter 2010 edition of the Nutrition Consortium of NYS' Child Nutrition e-News!

Child Nutrition e-News is a quarterly digest of research and reports related to the School Breakfast Program (SBP), National School Lunch Program (NSLP), Summer Food Service Program (SFSP), Supplemental Food Program for Women, Infants, and Children (WIC), and the Child and Adult Care Food Program (CACFP).

You are receiving Child Nutrition e-News because you currently or have previously worked with our organization in regard to child nutrition issues. Unsubscribe at any time by clicking the link at the bottom of this e-mail.

[Child Nutrition and WIC Reauthorization Update](#)

New introduced bills! Serving year-round meals through the SFSP; universal classroom breakfast start-up grants; a third meal for CACFP sponsors; Medicaid/CH+ data for direct certification for free school meals and more!

[Agriculture Appropriations Bill Passed](#)

The FFY 2010 Agriculture Appropriations Bill passed with a boost to WIC's fruit and vegetable vouchers and expansion of at-risk suppers to 3 more states. Additional funding for: summer food pilots; improved direct certification methods; CACFP nutrition; school equipment grants; and WIC breastfeeding incentives.

School Meals Programs (SBP and NSLP):

[Free for All: Fixing School Food in America:](#) Hunter College, CUNY professor Janet Poppendieck has a new book entitled, *"Free for All: Fixing School Food in America"* about the school meals programs in the United States. Order your copy and dive into the history, politics, culture, and nutrition of school meals.

[Think Breakfast!:](#) A free resource from NYSED, this kit is full of educational materials, lesson plans, and creative activities for elementary school teachers to help teach students about the benefits of eating a healthy breakfast

[The Nutritional and Academic Implications of Eating Breakfast: Supporting Methods for Increasing Breakfast Consumption Among Children and Adolescents:](#) The American Dairy Association and Dairy Council have a new white paper documenting the benefits of children eating breakfast and ways to increase participation.

[School Breakfast Scorecard](#) and [School Breakfast in America's Big Cities:](#) According to FRAC's latest study, NYS ranks 38th in the country for low-income student school breakfast participation. In addition, in a survey of large urban school districts, NYC schools ranks 24th out of 25 in reaching low-income student school breakfast participation.

Access to Good Nutrition: Connecting Low-Income Children to Free School Meals with Direct Certification: All school-aged children living in households that receive certain types of public assistance are automatically eligible to eat free school meals. In NYS, the process to identify and qualify these children for free school meals could be made simpler for households, schools, districts, and administering agencies. This report provides recommendations for how more of NYS' low-income can have access to free nutrition at school.

School Meals: Building Blocks for Healthy Children: In October 2009, the Institute of Medicine released dietary recommendations for schools meals menus. Recommendations include: increasing fruits, vegetables, and whole grains; incorporating caloric intake standards, and reducing saturated fat and sodium in foods.

Summer Food Service Program (SFSP):

2009 Summer Food Sponsor Directory: The updated version of summer food sponsor directory in NYS is now available. The Nutrition Consortium of NYS prepared this directory to support sponsors' work by encouraging information sharing and collaboration amongst sponsors; as well as bring attention to their presence throughout their local communities.

"Summer Program Planning: Avoid the Last-Minute Scramble" Webinar: Free from the National Center for Summer Learning hosted on Thursday, January 21 at 3pm. Learn tips on how to best map out your summer programming season.

Supplemental Food Program for Women, Infants, and Children (WIC):

Know Your Farmer, Know Your Food: The USDA has a new campaign to help support local agriculture and help Americans be more engaged in nutritious food. The WIC Farmers' Market Nutrition Program is one way to connect low-income mothers, babies, and children under 5 with fresh produce at farmers' markets.

Child and Adult Care Food Program (CACFP):

National CACFP Leadership Conference: March 7-9, 2010 in Washington, DC

Funding Available for Nutrition in Qualifying Child Care and Afterschool Programs: Children are in school for 6 hours per day/five days a week. What about the remaining out-of-school time hours? If your organization interacts with children and teens in a day care or afterschool program setting, CACFP might be able to help feed your hungry children, provide resources for healthy eating habits, and reduce childhood obesity. [Click here](#) for the NYS Department of Health.

Other Related Child Nutrition and Food Insecurity:

USDA Listening Sessions on How to End Child Hunger by 2015: In October 2009, the USDA held a listening session in New York City on suggested ways to fulfill President Obama's commitment to end child hunger by 2015. Opportunities still available to submit written comments.

Examining Innovative Practices to Improve Child Nutrition: House Subcommittee on Healthy Families and Communities held a hearing on 10/8/09 to discuss how to ensure that children have access to nutritious school meals. Testimony from the perspective of advocates, school districts, physical education teachers, food service directors, and students.

Fuel Up to Play 60: The American Dairy Association & Dairy Council and National Football League are challenging schools to get all students to eat healthy and stay active. Order your free wellness kit today for your school.

NYS Action for Healthy Kids: The New York State chapter is recruiting new members. Please contact Kim McLaughlin, Chair of AFHK NYS at: kmclaughlin@gvboces.org for more information.

Preventing Childhood Obesity: A School Health Policy Guide: A resource from the Robert Wood Johnson Foundation, this guide is for promoting healthy eating, physical education, and activity in schools.

Fresh Fruit and Vegetable Program Grants: Congratulations to the over 96 schools in 25 school districts that received funding to serve a fresh fruit and/or vegetable snack during the school day to students this school year! The Fresh Fruit and Vegetable Program is administered by the USDA and NY State Education Department.

Food Service Equipment Assistance Grants: Congratulations to the 493 schools that received funding to improve food service infrastructure and serve more nutritious meals to students! These grants were funded through the American Recovery and Reinvestment Act and are administered by the NY State Education Department.
