

# NUTRITION CONSORTIUM OF NEW YORK STATE



Welcome to the September 09 edition of the Nutrition Consortium of NYS' Child Nutrition e-News!

Child Nutrition e-News is a quarterly digest of research and reports related to the School Breakfast Program (SBP), National School Lunch Program (NSLP), Summer Food Service Program (SFSP), Supplemental Food Program for Women, Infants, and Children (WIC), and the Child and Adult Care Food Program (CACFP).

You are receiving Child Nutrition e-News because you currently or have previously worked with our organization in regard to child nutrition issues. Unsubscribe at any time by clicking the link at the bottom of this email.

Child Nutrition and WIC Reauthorization Conference Call:

[Click here](#) for a powerpoint from the 9/17 conference call. Callers heard the latest updates, program recommendations, and strategies for working with elected officials to support a strong Reauthorization bill.

Check out our new "[Back to School](#)" Resources for increasing access to school meals!

## **School Meals Programs (SBP and NSLP):**

[The School Breakfast Program: Participation and Impacts](#): When breakfast is offered at school, children are more likely to eat breakfast. Further, children are also more likely to eat school breakfast when it is served in the classroom or when children are allowed more time to eat school breakfast.

[Nutrition Standards and Meal Requirements for National School Lunch and Breakfast Programs \(Phase I\)](#): Download this free summary from the Institute of Medicine about improving nutritional quality and meal standards in school meals.

## **Summer Food Service Program (SFSP):**

[Hunger Doesn't Take a Vacation: Summer Nutrition Status Report](#): Explore state level participation in the Summer Food Service Program and National School Lunch Program.

[National Summer Learning Association](#): A resource for summer food sponsors that provide quality programming for children in the summertime, this organization is dedicated to ensuring children continue learning when school is out. Gain information, read updates, find grant opportunities for your program.

## **Supplemental Food Program for Women, Infants, and Children (WIC)**

[WIC and the Battle Against Childhood Overweight](#): Examine trends in WIC participation, weight status, and the study of childhood obesity.

[The WIC Program: Background, Trends, and Economic Issues, 2009 Edition](#): This document examines how WIC works, its history, program trends, and participant characteristics.

### **Child and Adult Care Food Program (CACFP):**

[CACFP: Participation Trends](#): Explore state level participation and where NYS ranks nationally.

[Obesity Prevalence Among Low-Income, Preschool-Aged Children](#): Childhood obesity continues to be a problem in our country, but obesity rate among low-income preschoolers may be stabilizing.

### **Other Related Child Nutrition and Food Insecurity:**

[Food Insecurity Rates Rise Steeply with Recession](#): According to this June 2009 policy action brief from Children's HealthWatch, food insecurity rose from 18.5 percent to 22.6 percent in a five-city sample of low-income families with children under age three.

[Even Very Low Levels of Food Insecurity Found to Harm Children's Health](#): Hunger has numerous negative effects on children in the areas of brain and cognitive development, school readiness, academic performance, psychosocial functioning and behavior, mental health, and more.

[New York State Poverty Report](#): Prepared by the NYS Community Action Association, view county breakdowns of poverty, child poverty, unemployment, and more.

[Child Food Insecurity: The Impact on Our Nation](#): Child hunger is a health problem, educational problem, and workforce/job readiness problem with associated direct and indirect costs on our nation.

[Child Food Insecurity in the United States: 2005 - 2007](#): 667,801 of NYS' children age 18 and under are food insecure according to a May 2009 Feeding America study.

[Turning Point: The Long-Term Effects of Recession Induced Child Poverty](#): According to First Focus, children raised in poverty will live in households with lower incomes, earn less themselves, have a greater chance at living in or near poverty as adults, achieve lower levels of education, and less likely to be gainfully employed.

[America's Children: Key National Indicators of Well-Being 2009](#): Read the federal government's annual document on the status of child health, education, and economic security.

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*If you would like to contribute relevant research and reports for the next edition of CN e-News, please contact Rachel Hye Youn Rupright by e-mail: [rachel.rupright@nutritionconsortium.org](mailto:rachel.rupright@nutritionconsortium.org).*

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