

Food Stamp Eligibility Expanded for Families with Child Care Expenses



Have kids in day care?



Did you know about the
changes to the
Food Stamp Program
that help more
low-income working families
put food on the table?



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Higher income guidelines mean that more working families with dependent care expenses are now eligible for food stamps. If you don't get food stamps now, you may qualify even if you were denied in the past.

Q What are the new income guidelines?

If your gross income (before taxes and deductions) is at or below the amounts listed below and you have child or dependent care costs, you may qualify for food stamp benefits

Gross Income Limit for Working Households with Dependent Care Costs (as of 3/1/2009)

Household Size	2	3	4	5	6	7	8
Monthly Income	\$2,333	\$2,933	\$3,533	\$4,133	\$4,733	\$5,333	\$5,933

Frequently Asked Questions

Q What “counts” as an expense?

Child or Adult Care

All “out of pocket” expenses that you incur for the care of a child under 18 or a disabled adult, so that you can work. This includes co-payments if you receive a child care subsidy.

Out-of-School Activities

Any supervised activity, including before and after school for any child under 18 including school vacation, summer camps, YMCA, and Boys/Girls Club fees.

Q Is there a limit or cap on the expenses I can claim?

Not anymore! Effective 10/1/2008, you can claim the full amount of costs you pay.

Q How do I apply for food stamps?

It's easy. Applications are available on line at www.otda.state.ny.us/main/foodstamps
You can also call 1-800-342-3009
for more information about how and where to apply, or visit <https://www.mybenefits.ny.gov>

After you apply for food stamps, you'll need to be interviewed. Most counties can interview you by telephone, so that you don't have to take time off from work to travel to the food stamp office.

Q Where can I get more information about food stamps?

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