

CHILD AND ADULT CARE FOOD PROGRAM

Fact Sheet for New York State: 2009-2010

Children and adults need nutritious meals to lead healthy and productive lives. The Child and Adult Care Food Program (CACFP) is a federally-funded entitlement program that provides reimbursement for meals and snacks served in 9,000 non-residential family day care homes providers and 4,200 child and adult day care centers throughout NYS.

Organizations Eligible to Participate in CACFP...

Family Day Care Homes: Licensed to provide care for a small number of children in a residential home. Family day care home providers maintain records and report to a sponsoring organization. All providers must be affiliated with a CACFP sponsor.

Center-Based Care:

- **Child Care Centers:** Licensed and approved non-residential, public or private nonprofit child care centers, as well as for-profit child care centers serving 25% of meals to low-income children. Head Start centers, before and after-school programs and community center programs may also qualify.
 - **Homeless and domestic violence shelters:** Provide residential and food services to homeless families and victims of domestic violence. These shelters do not have to be licensed to provide day care.
 - **At-risk afterschool programs:** Programs providing enrichment activities after the end of the school day, on weekends, or on holidays during the school year. These programs must operate in locations where at least 50% of area students qualify for free or reduced-price meals.
 - **Adult day care centers:** Federal, state or local authority certified community-based centers that provide services in a group setting outside of the-participant's home for less than 24 hours per day to: individuals age 60 and older, and functionally impaired and disabled adults age 18 and over. Some for-profit adult day care facilities may also qualify.
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The CACFP Menu...

All participating programs must serve meals that meet USDA dietary guidelines. In NYS, day care programs are encouraged to serve low fat milk and dairy products, fruits and vegetables, and whole grain breads and cereals.

Breakfast	Lunch/Supper	Snack
Milk	Milk	2 out of 4:
Juice/fruit/vegetable	Meat/meat alternative	Milk
Bread/bread alternative	(ex: eggs, cheese, or beans)	Juice/fruit/vegetable
	2 servings fruit/vegetable	Meat/meat alternative
	Bread/bread alternative	(ex: eggs, cheese, or beans)
		Bread/bread alternative

Related CACFP Program Resources...

- **Team Nutrition:** The USDA's initiative to promote healthy eating and physical activity in children.
- **Eat Well Play Hard in Child Care Settings:** The NYS Department of Health's obesity prevention program which promotes well-being in child care settings through cooking, fitness, healthy snacking resources and more to prevent obesity and reduce the risk of chronic disease.

Meal Reimbursement for CACFP...

Reimbursement rates vary according to type of setting and depend on the income level of each meal recipient.

Family Day Care Homes: There are two levels of reimbursement for family day care homes.

- **Tier I:** Family day care homes must be located in low-income areas where 50% or more of children qualify for free/reduced-price school meals (or where Census data indicates that 50% of households have incomes at/below 185% of poverty). A provider with income at/below 185% of poverty may also be eligible for Tier I reimbursement.
- **Tier II:** Day care homes that do not meet the above criteria receive the Tier II rate. However, Tier II homes may receive Tier I reimbursement for meals served to children with household incomes at/below 185% of poverty by collecting income eligibility statements from participating households.

Center-Based Care: Reimbursements are based on the number of meals served to participants with household incomes in one of three categories based on federal poverty level guidelines. Categories are:

- **Free:** Participants with household incomes at/below 130% of poverty
- **Reduced-Price:** Participants with household incomes between 130% and 185% of poverty
- **Paid:** Participants with household incomes over 185% of poverty

2009-2010 REIMBURSEMENT RATES

Family Day Care Homes			
	Breakfast	Lunch/Supper	Supplement/Snack
Tier I	\$1.19	\$2.21	\$0.66
Tier II	0.44	1.33	0.18

Center-Based Care*			
	Breakfast	Lunch/Supper	Supplement/Snack
Free	\$1.46	\$2.68	\$0.74
Reduced-Price	1.16	2.28	0.37
Full Price/Paid	0.26	0.25	0.06

At-Risk Afterschool Programs*	
Snack	Supper
\$0.74	\$2.68

*An additional \$0.195 is reimbursed for each lunch/supper for cash-in-lieu of commodities.

More Information About CACFP...

For a list of participating programs or further information about CACFP operation, regulations, and reimbursement rates, contact the New York State Department of Health by phone at 1-800-942-3858 or online at: www.nyhealth.gov/nutrition

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